Team Building 101

Build Your Inner Team to achieve more successful outcomes. Your team consists of your... T-Thoughts
E-Emotions
A-Actions
M-Manifestations

Anyone can improve their health, enhance their relationships, and increase their finances. You just need to build your inner team.

Join us for this exceptional class and learn to utilize specific processes and one minute exercises selected from Neuroscience, Applied Behavioral Therapy and the Laws of Attraction to build your inner team, bring more positive energy into your life, and realize the goals you're looking to achieve.

"With a Great Team Anything is Possible". Michael Gross

When: Monday, January 19th, 2015 @ 6:30-

8:00 pm

Where: The Center, Life in Balance, 43 South

Main Street, Medford, NJ 08055

Cost: \$20

Register: Phone: 609-975-8379

Email: thecenterlifeinbalance@gmail.com Please include your name & phone #.

Michael Gross will instruct the workout. He is a Certified Law of Attraction Life Coach who has coached hospitals, municipalities, businesses, Miss New Jersey and other individuals to better realize their objectives. Michael can be heard as co-host of the 'Talk-N-Angels' radio show Wednesday evenings 7-8 pm at www.talknangels.com.